

# Puāwai

*(Noun: To blossom or come to fruition)*

*"Poipoia te kakano, kia puawai - Nurture the seed and it will blossom"*

## Your Local Horowhenua Community Guide

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**Spring is well and truly with us. It is of course a time for fresh growth and new beginnings.**

**But it's also a time for emerging from our winter hibernation, re-establishing old contacts, making new friends, and looking out for your neighbours and community.**

**Which is why this issue of Puāwai is all about connectedness.**

**We look into adult swimming lessons and we talk to Jack Shailer, who's helped his community with more than 50 years' service at St John Hato Hone Ambulance Services.**

**We visit MAVtech in Foxton and much more.**


**Plus there's all our regular features - a recipe, puzzles, and columns from gardener Simon and policeman Bernie.**



**Have a happy spring Horowhenua - and call a friend!**

**Waiho i te toipoto, kua i te toiroa -  
Let us keep close together, not wide apart**

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We love hearing and telling stories about our local community. Send in your ideas, news, photos and feedback to be considered for future Puāwai editions.

 [communications@horowhenua.govt.nz](mailto:communications@horowhenua.govt.nz) or write to

 Private Bag 4002, Levin 5540  HorowhenuaDC

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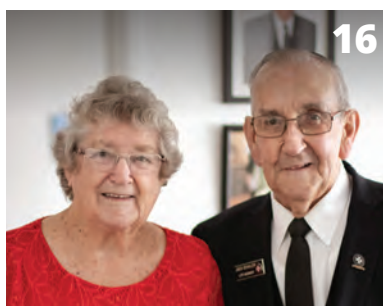
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# MAVtech – technology that changed history

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**Go along to one of the monthly movie nights at MAVtech in Foxton and chances are it will be shown on one of two 1940s 35mm Peerless Magnarc projectors up in the fire-proof projection booth. They work on the same principle as an arc welder, generate a plasma ball half as hot as the sun, and are among the few still in use in New Zealand.**

The movie you're watching might come from the more than 1.5 million metres of film held in the archive and be accompanied by a tune played on a vintage pianola (no hands).

MAVtech is full of fascinating oddities and run by volunteers with an engaging level of enthusiasm and extraordinary knowledge of their subject. Most subjects, in fact.

Ask Jacob Brookie about any one of the thousands of radios, televisions, cameras, or items of sound and cinema equipment on display and he can probably tell you about its history, as well as the social context of when it was made and how it was used.

An Edison gramophone, for example. Apparently Thomas Edison would permit only recordings of music he liked to be made under his label (for years he wouldn't record any jazz), which more than a century later has distorted our understanding of what people actually listened to at the time.

'Items change how we see the past,' says Jacob.

The cameras we have here are part of history, and recorded history as well.'

He gives the example of early box brownies, which really only worked well with still shots taken outside in good light.

'As a result it looked as though life was one long holiday on the beach.'

And while there are famous examples of hoaxes such as 'ghost photography', where various ruses were used to convince people they were looking at pictures of spirits, those early analogue records were generally more reliable than today's images and recordings, which can easily be manipulated by Artificial Intelligence.

It's easy to be drawn into such musings as you walk around the items on display at MAVtech. And more and more people are taking the opportunity to do so.

You can visit MAVtech during an open day to see vintage technology in action or take a seat on the last Friday of every month for a movie screening in the original 1926 cinema – the

*Left: One of the Peerless Magnarc projectors*



Part of MAVtech's film collection

feature usually preceded by a cartoon and an old newsreel, complete with crisp BBC vowels, to set the scene.

MAVtech welcomes private group bookings and school tours and can visit local schools with a selection from their collection. Recently they've had visits from a car club, a motor caravan association, and the 60s Up Levin Club.

Many of the exhibits touched people's lives – for example you can see the complete control room of the Himatangi radio transmitter, which for decades after WWII kept New Zealand connected with rest of the world, from Scott Base in Antarctica to northern Europe.

Zeb Mansell, another MAVtech volunteer who once operated the stage spotlights at the Royal Albert Hall, says everything in the

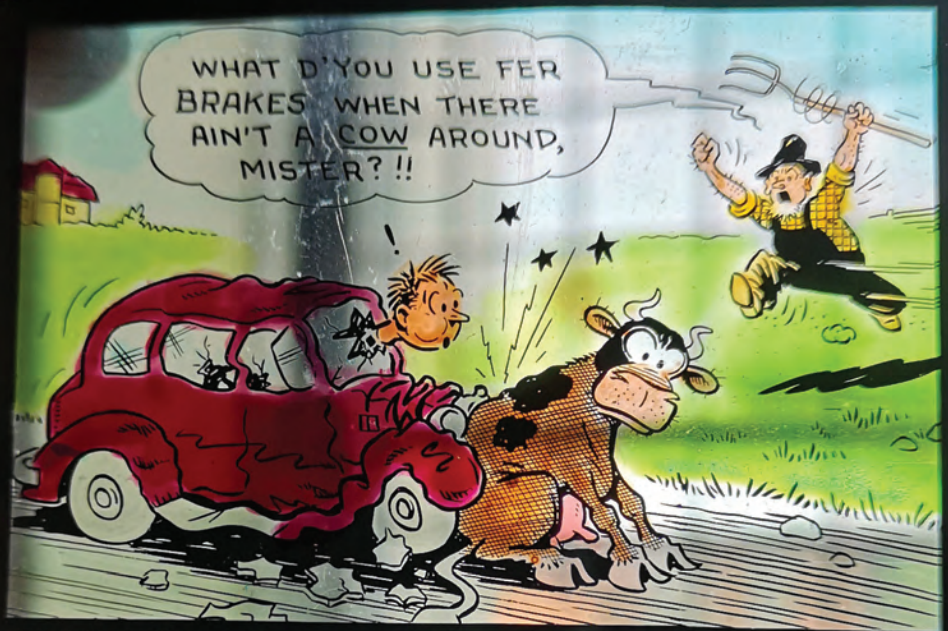
museum – the cameras and radios, the sound recorders, the collection of vintage NZ records – is about connection.

'We all communicate, and we all connect. And everyone has a connection to something here – even if it's a teenager asking if he can plug his i-Phone into the phono jack on a 1970s stereogram.

'It's a great way of getting community engagement.'

You can find MAVtech on Avenue Road, Foxton – just look for the building with the dog and phonograph, or visit [www.mavtech.org.nz](http://www.mavtech.org.nz) for more information. MAVtech are always interested in meeting potential volunteers and the team encourages you to get in touch.

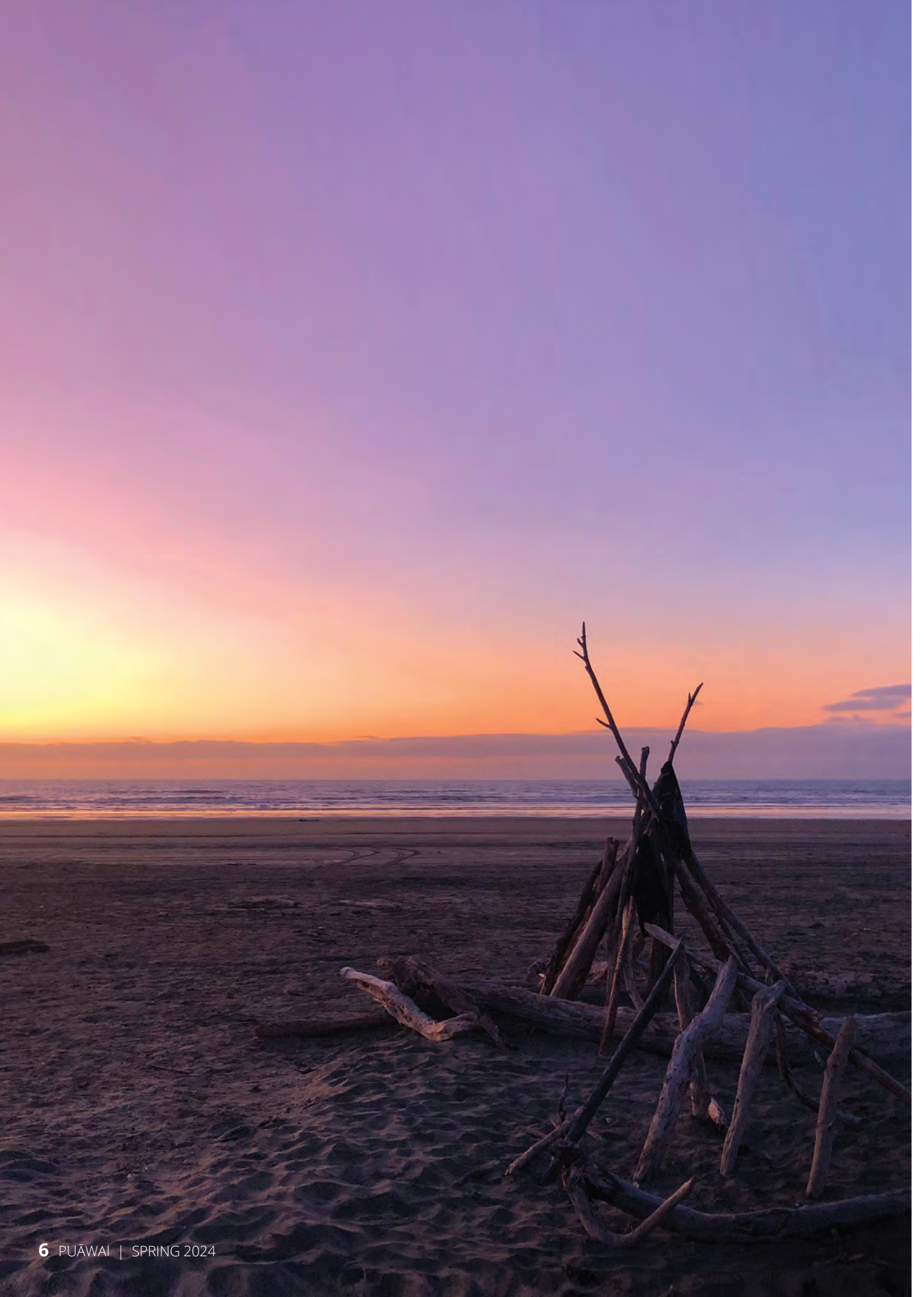
Right: Antique advertising slide



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# Poll to decide future of Māori ward

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## Ratepayers will have the final say on whether Horowhenua keeps its Māori ward.

A recent law change requires councils with Māori wards not established by a poll of voters to either dissolve them or hold binding polls about their future.

In 2021 councillors voted unanimously to establish a Horowhenua (Māori) Ward, with significant community support. Councillors Nina Hori Te Pa and Justin Tamihana were elected to represent the ward in elections the following year.

On 4 September Council voted 11-2 not to dissolve the Horowhenua (Māori) ward – meaning a referendum on whether to keep it must now be held at the 2025 local body election.

Mayor Bernie Wanden said it was a proud day when Council established a Māori ward, and the decision not to disestablish it was a further milestone in Council's history.

He said Councillors Hori Te Pa and Tamihana had brought valuable perspectives to the council table.

All those who spoke at the 4 September council meeting were in favour of retaining the Māori ward, as were 77.2% of respondents to a recent online survey.

Currently, Horowhenua voters enrolled on the Māori electoral roll vote for candidates standing in the Horowhenua (Māori) ward. If the ward is disestablished by the referendum these voters will revert to voting in general wards.

Whatever decision is made at the referendum will be binding on Council for the 2028 and 2031 local body elections but will not affect the existence of the Horowhenua (Māori) Ward for the 2025-28 Council term.

Council has been advised that it cannot legally avoid the referendum, which may cost up to \$30,000.

Around the country, only Kaipara Council has voted to disestablish its Māori ward, while Upper Hutt reversed an earlier decision to establish one.

# Apply for a Rates Rebate

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## Horowhenua District Council knows it can be tough keeping up with rates bills.

So we're encouraging eligible ratepayers to apply for a Rates Rebate for the 2024/25 rating year. The Rates Rebate Scheme offers a rebate of up to \$790 for low-income earners who are paying rates for the home they were living in on 1 July 2024.

Group Manager Organisation Performance, Jacinta Straker, says 'We want to make sure that everyone who qualifies for a rates rebate receives it.

'If your only income comes from benefits, you can complete our Rates Rebate Ministry of Social Development (MSD) Income Release Waiver form, and we'll obtain your proof of income for you.

'This saves you the hassle of going back and forth between Council and Work and Income at MSD.

'There's no need to sign the form in the presence of a Council Officer, you can simply either complete the form included in your Instalment one rates notice, pick one up from the HDC Civic Building or download it from our website,' Jacinta adds.

Rebates are calculated based on your household income, the number of dependents living with you, and the total amount of rates for the rating year 1 July 2024 to 30 June 2025, including both Horowhenua District Council and Horizons Regional Council rates.

The scheme is available to those with an annual income of \$31,541 or less, with potential eligibility extending to those earning up to \$56,000, depending on circumstances.

To apply, you'll need accurate information about your income (and that of any spouse/partner or joint homeowner who lives with you) for the tax year ended 31 March 2024. Proof of income from IRD is required if you have other income sources, such as interest or rental income, in addition to your benefit.

The Rates Rebate application form has been sent with your Instalment one rates notice. The Rates Rebate application, declaration, and waiver forms are also available on our Rates Rebates page on the Council website and at our Civic Building.

If you live in a retirement village, your village manager will need to sign a declaration form.

You can submit your completed forms by:

**Email:** Scan your signed application form and supporting documents, and email them to [ratesrebates@horowhenua.govt.nz](mailto:ratesrebates@horowhenua.govt.nz).

**Post:** Send your completed forms to Horowhenua District Council, Private Bag 4002, Levin 5540.

**In person:** Drop off your forms at Council facilities.

Applications close on Monday 30 June 2025.

# Are you eligible for a Rates Rebate?

## Apply Now

Rebates of up to **\$790** may be available to eligible residents.



### **Need help?**

While Council staff no longer need to be present for you to complete your application, we're here to help if needed. Call us on 06 366 0999 or email your name and phone number to [ratesrebates@horowhenua.govt.nz](mailto:ratesrebates@horowhenua.govt.nz) for assistance.

If you're facing financial difficulties and are worried about paying your rates, even if you're not eligible for a rates rebate, our team can help.

We can discuss options like spreading your payments over the year through direct debit to avoid penalties. Contact us via email or call 06 366 0999 to set up a payment plan that works for you.

### **What happens next?**

If your application is successful, we'll deduct the rebate amount from your rates bill. If you've already paid your rates in full, we'll give you a refund.

# Ambulance station opens thanks to community fundraising

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**Levin's new Hato Hone St John ambulance station has opened, thanks to a massive fundraising effort by the local community.**

The new station on Liverpool Street is right up to date with a six-bay ambulance garage, a vehicle wash bay, car parks for staff and visitors, resting areas for six crew and office and meeting spaces.

It replaces the old ambulance station on Seddon Street and was built in little over a year.

Horowhenua St John Area Committee chair Clinton Grimstone says the new station couldn't have been built without community support.

Twelve years ago, Hato Hone St John had a piece of land and no funding to build a station. Volunteers supported the opening of the St John retail store, which has provided much of the funding for the new station.

'So many people and organisations have helped, by giving their time or making donations of goods or money. It was a tremendous effort by

the community for the community – and it will help save lives in the community.'

Local iwi Muaūpoko gifted the name for the whare - Te Puna Oranga Ngākau.

Mr Grimstone says the name represents both the area and the building's purpose.

'Te Puna Oranga represents the Puna (springs) that are a unique feature of the region, and in this case, the word represents wellsprings of health, wellness and vitality and where the essence of life force rests.

'The new whare is now one of those places. Ngākau (heart, mind and soul) represents the aroha and compassion of the dedicated Hato Hone St John kaimahi (staff and volunteers), their commitment to work in community service and the impact and difference they make to lives every day.'





That commitment is exemplified by Levin man Jack Shailer, who has devoted more than 50 years to St John and has the meeting room at the new station named in his honour - see Local Hero on p.16.

Brendon Hutchinson, Hato Hone St John District Operations Manager, says the facility will enhance Hato Hone St John's emergency response capabilities in the region.

'The Levin station acts as a hub for surrounding towns in the district, so having a dedicated training area for staff and extra parking space for emergency vehicles is going to make all the difference.'

As well as providing ambulance services the new station is continuing the Waka Ora Health

Shuttle service, that transports people to health and wellbeing related appointments (GP visits, dentist or specialist appointments) and then brings them home again.

The service runs three times a day between Ōtaki and Palmerston North, and can be booked by calling 0800 WAKA ORA (0800 9252 672).

'Hato Hone St John does so much for the community, and it is wonderful how the community has been able to help in return', says Clinton Grimstone.

The St John retail store at 208 Oxford St is always looking for volunteers. If you'd like to help out, drop in or contact Bobbie Arrowsmith at 027 2128851 or [bobbie.arrowsmith@stjohn.org.nz](mailto:bobbie.arrowsmith@stjohn.org.nz).



# Swimming lessons for all ages

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**Summer's coming and with it the chance to swim at our lovely beaches and rivers with friends and whānau, children and grandchildren.**

But how confident are you in the water? Can you swim well enough to enjoy yourself safely, or help out anybody else who gets into trouble?

Water Safety NZ says so far this year drownings are well down on 2023. But soberingly, 63 percent of those who have drowned this year are over 45.

It can be embarrassing to admit as an adult that you don't know how to swim well. But it's nothing to be ashamed of – and help is at hand!

Aquatics Horowhenua has private and group classes for adults who want to learn to swim, get stronger or improve their technique. It's never too late to become more confident in the water.

This term we're offering an Adult beginner class (for those starting from scratch) and an Adult intermediate (for those who are looking to improve technique or learn strokes formally) on Thursday afternoons in Levin and Friday afternoons in Foxton.

You can find out more by visiting the Aquatics website, or dropping in to see the friendly staff at either pool, or calling us on (06) 368 0070. There are lots of other classes too, for caregivers and babies, pre-school and school-age children.

As somebody once said, the water doesn't know how old you are. So go ahead, get yourself swim-ready for summer and have fun in the water.





# Companion Card is here

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**Horowhenua District Council wants to make our beautiful district as accessible and enjoyable as possible for people with disabilities.**

One of the ways we're doing this is with the Companion Card. The card is for people with permanent disabilities who need companions, or support people, to help them with day-to-day activities.

Support may be provided by a friend, family member, or paid carer, offering significant assistance in mobility, communication, self-care, or learning.

Companion Card-holders show their card at participating venues when buying their ticket or paying an entry fee. They receive a ticket for their companion at no extra charge, or at a discounted rate.

This helps break down financial barriers some people living with disabilities face, especially in these expensive times. The Companion Card is free of charge.

There are currently seven participating venues:

Levin Aquatic Centre

Foxton Swimming Pool

Te Takeretanga o Kura-hau-pō  
(onsite events only)

Te Awahou Nieuwe Stroom (onsite events only)

Medieval Market

Foxton Easter Fair

MAVtech

To be eligible for a Companion Card you need to be a permanent resident or citizen of New Zealand living in Horowhenua and have life-long impairments that require the support of a companion to engage in everyday activities.

You can apply for a card online on the Council website or ask one of the staff at Te Takeretanga o Kura-hau-pō to help you.

At the moment the Horowhenua Companion Card can only be used within the Horowhenua district. But Palmerston North City Council has a Companion Card and Manawatū Regional Council is working on launching one. The intention is for all three Councils eventually to remove the boundaries so the Companion Card can be used across all three regions.

We're always on the lookout for more venues to help support the disabled community by accepting the Companion Card. If you'd like to participate please email [community@horowhenua.govt.nz](mailto:community@horowhenua.govt.nz).

The Companion Card is one way Council is putting into place its vision of Horowhenua being a safe, vibrant, inclusive and connected community.

You can find out more in the Community Wellbeing Strategy, adopted by Council in June – look for it on the Council website.

# Local Hero – Jack Shailer

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## **There's a sign over the sink in Jack Shailer's kitchen that says 'Happiness is a Choice'.**

A big part of Jack's happiness for more than 50 years has been his work with Hato Hone St John.

'I really enjoyed it', says Jack, whose service was recently honoured when the meeting room at the new Hato Hone St John station was named in his honour [see story page 10].

'The best part about it was helping people'.

Jack was working for the Ministry of Works in 1970 when he was sent off to do a first aid course. One thing led to another and before long he was a St John volunteer first aid officer – a position he held for 15 years.

Sometimes he was driving heavy old Dodge and International ambulances. 'We could really move', he says, recalling one emergency dash with a police escort when they got from Levin to Palmerston North hospital in 28 minutes, saving the life of the patient in the back.

Sometimes he was giving emergency first aid. He's lost count of the number of lives he saved, but some stick in his mind. The woman at Housie who collapsed with a haemorrhage, who to this day gives him a cuddle every time she sees him and says 'You saved me, Jack'.

The neighbour's boy who went through a glass door and might have bled to death if Jack wasn't on hand.

But of course there were those who didn't make it. That was hard. 'I always knew when it was a child,' says Maureen, Jack's wife of 59 years.

'He'd come home and he wouldn't say a word, apart from "I think I'll have a whiskey".'

After he retired as a first aid officer Jack joined the St John area committee, and served for 23 years. He's now an active member of the local fellowship group for retired Hato Hone St John officers – though as Maureen says, there aren't as many as there used to be.

Jack says having the meeting room at the ambulance station named after him is a great honour. He's also been honoured as a Serving Brother, a life member, and a recipient of a gold service medal for 50 years' service.

St John seems to run in the family: Jack's cousin Judith received her life membership the same day as he did, for service in Palmerston North.

And though he's been retired for many years Jack is still helping out when there's a medical emergency, including recent occasions when people collapsed at his church.

'It's inbuilt,' he says. 'I can't just stand by'.

On behalf of the people of Horowhenua, thank you Jack Shailer. You are a true local hero.



*Maureen and Jack hold a photo of them surrounded by family at the new ambulance station opening.*

## *Bernie on the Beat*

# **Staying One Step Ahead: Online Safety Tips from Sergeant Bernie**

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**With more of our lives moving online, it's important to stay vigilant. Online scammers are becoming more sophisticated, and I've seen several cases here in Horowhenua that we can all learn from. Today, I'll share tips on how to avoid falling victim to online scams, Facebook fraud, and online bullying.**

### **Watch Out for Scams**

One of the most common scams we've seen recently is the NZ Post scam. Scammers send out fake emails or texts pretending to be from NZ Post, asking you to pay a small fee to release your parcel. It looks convincing, but the moment you click on the link, they're after your personal or financial information. If you receive a message like this, don't click any links. Go directly to the NZ Post website to track your parcel instead.

Another scam doing the rounds involves fake invoices sent via email from what look like legitimate companies. Many of these emails have spelling errors or strange sender addresses. If you're unsure about an invoice, call

the company directly using the number from their official website, not the one provided in the email.

### **Facebook Fraud**

We've also seen cases of Facebook fraud in the community. Hackers target personal profiles to steal identities or convince friends and family to send money. People are finding their Facebook account hacked, and the scammer has used their profile to ask their friends to transfer funds for a fake emergency.

A key step in protecting your account is to set up two-factor authentication. This requires you to not only enter your password but also sends a code to your phone when logging in. It makes it much harder for anyone to break into your



account. Be cautious about accepting friend requests from people you don't know, as these can sometimes be scammers in disguise. Not very computer-savvy? The Facebook team over at Horowhenua District Council have offered their help in this space, you just need to flick them a message on their Facebook page.

### **Tackle Online Bullying**

Online bullying is becoming more prevalent, especially for our young people. Bullying can take many forms, from nasty comments on posts to spreading rumours via messaging apps. If you or someone you know is being bullied online, it's important to report it to the platform straight away. Social media sites like Facebook and Instagram have tools to block users and report abusive behaviour.

Parents, it's a good idea to have regular conversations with your tamariki (children) about what's happening online. Encourage them to speak up if they feel unsafe or are being bullied. You can also use parental control tools to monitor their online activity and help keep them safe.

### **Staying Safe**

In general, it's about staying alert and thinking twice before clicking, replying, or sharing. If something feels off, trust your instincts—reach out for advice or report it. Together, we can help make our community safer, both online and off.

Remember, if you've fallen victim to an online scam, report it to Netsafe ([netsafe.org.nz](https://www.netsafe.org.nz)) or the Police. We're here to help.

# Meters and our community helping to save water

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**Almost one quarter of water connections in Horowhenua District now have smart water meters connected – and they're helping to save hundreds of thousands of litres a day.**

The meters in their distinctive, blue-topped boxes monitor water use electronically and identify leaks. Council can then notify the customer so that water wastage can be prevented.

Meter installation began in March this year in Shannon, the community with the highest leakage.

Some 80 percent of Shannon users now have meters installed – and the results have been dramatic.

Shannon's water demand is now less than half what Council is allowed to take from the Mangaore Stream under resource consent conditions. This compares to February 2024 when water consumption was close to the consent limit of 1.2 million litres per day.

And while seasonal variation needs to be considered - winter consumption is usually lower than peak demand in summer - the change is significant.

As well as being good for the whenua, cutting water consumption also means less water has to be treated, and there is less need to invest straight away in expensive infrastructure to keep up with the demands of growth.

Of course the water meters are only part of the story – residents are also playing their part by reducing consumption.



*Distinctive blue-topped water meter*

And having a meter installed doesn't necessarily mean you'll be paying more for your water, unless you're using a great deal of it. People in Levin, Ōhau, Foxton, Shannon and Tokomaru pay for water services through their rates, which includes an allocation of 91,000 litres per quarter. If you don't use more than this, you won't incur any extra water usage charges.

Work to save water is continuing around the district. Since May around 80 percent of connections in Foxton have had smart meters installed (as with Shannon the remaining 20 percent need some maintenance first). And in June work to install meters started in Levin.

The water meter project is expected to be completed by the end of 2025 and comes at a cost of approximately \$6m, approved as part of Council's Long Term Plan Amendment 2021-2041.



## Simon Broad – Avant Gardener

Simon Broad has had a few close calls. When he was an apprentice butcher a well-known restaurateur – whom Puāwai chooses not to name – threw a carving knife at him (it missed).

An even closer shave was the stroke he had in 2008. It affected both sides of his brain, paralysed his left arm and right leg, and kept him in hospital for six months. For the first month he couldn't speak.

Simon's brother – then CEO of the Arohanui hospice – suggested that he start writing about gardening as part of his therapy. He's been doing it ever since, including his popular column in Puāwai.

Simon hadn't written much before, but he'd been gardening all his life, starting out alongside his father in their garden in Taita.

He says gardening is wonderfully good for you.

'You're using different muscles all the time, as well as using your brain. And I don't wear gloves – it's good to get dirt on your hands.'

The benefits aren't just physical.

'I don't think I've ever met a depressed gardener. They're generally happy, and always willing to

help each other.'

Simon says being disabled needn't stop you getting into the garden and encourages everyone to give it a go.

He has a walking frame he calls his 'tractor', which he loads up with fertiliser, vegetables and so on. He falls over from time to time, but the soil is soft and he just gets back up again.

Simon likes helping people and has taught neighbours how to garden, as well as sharing his extra produce.

He believes much of the value of his column is talking about his mistakes so others don't make them, especially people with small gardens like his.

'One year I planted six pumpkin plants. I had pumpkins from here to Africa. Now I generally just plant one of everything.'

You can read Simon's column on the next page. If you have a topic you'd like him to cover drop him a line at [sf.broad@xtra.co.nz](mailto:sf.broad@xtra.co.nz).

Now where did I put that trowel...

# Gardening with Simon

## Spring into your Garden

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**Spring has finally arrived, and as usual the weather is so changeable. But the gardens don't mind a bit of rain. Actually they love it. There is so much to be done, not just planting, but weeding, harvesting the winter veges and lots of planning for summer.**

By growing plenty now for the summer months, you will be able to make your own relishes, pickles and jams. And let me tell you about my new-found project of dehydrating vegetables and herbs.

It is so easy and the finished product gets used in my casseroles, mince dishes and pies. I would recommend anyone to get a dehydrator and have a bit of fun.

Gardening should not be a chore. One of the reasons I got into writing these columns was to try and encourage fellow disabled people to get out into the garden.

When I was in hospital after my stroke I was told there was every chance I would be in a wheelchair for the rest of my days. I did not want to just throw in the towel in and rely on everyone else to do things for me. So I got back into gardening and never looked back.

I now have a smallish garden setup at my flat and grow pretty much everything I need. My number one project is garlic. I have 60 plants in and for the first time in over ten years I planted the cloves in the main garden and not in garden beds. I am so very pleased with them so far, as you will see by the photos.

My capsicums, cucumbers, chillies and courgettes are in grow bags, the lettuces, spring onions, mint and parsley are in fish bins and my tomatoes are in pots along the fence.

If you want to sow a new lawn, or plant some bulbs, trees or shrubs this is a good time to do it.

### What to plant & a few tips:

- Beans: Plant seeds for either climbing or dwarf beans.
- Beetroot: I always soak my seeds overnight before planting. Detroit Dark is a good variety.
- Capsicum: I plant seedlings of the bell variety as I find them more useful for salads and dehydrating.
- Chilli: I grow the long red variety as they aren't too hot and they make a lovely Sweet Chilli Sauce. Email me for the recipe.
- Cucumber: Telegraph or apple? Whatever your preference is. I prefer the telegraph.
- Lettuce: There are so many varieties on the market now. Just choose whatever one or two suit your family. A favourite of mine is Drunken Woman.
- Tomato: Always grow a variety or two which you can use for salads, bottling, soups or relishes. I have discovered the Black Klim. It is a heirloom variety and big in size and flavour. Beefsteak, Grosse Lisse, and Roma are another three I grow.

Well, that is it for spring and I will see you all in the winter.

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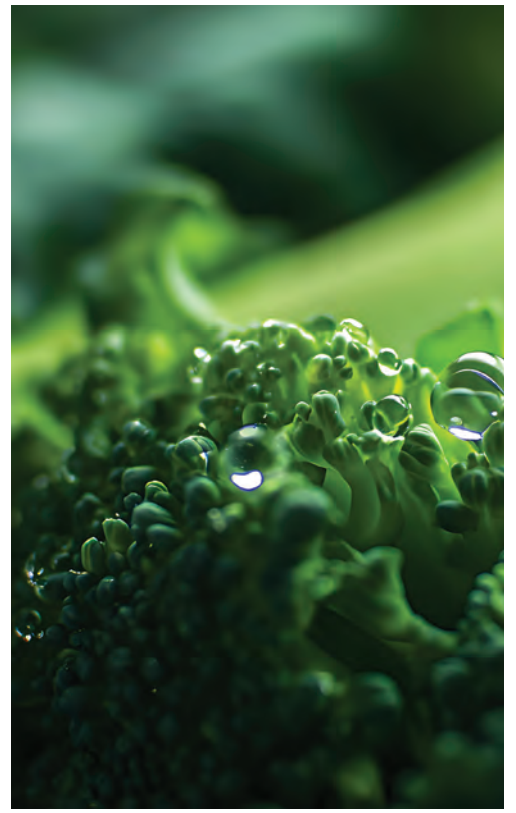
*Simon Broad ("Gardening With Simon")*

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Let's Cook...

*De Molen Café*

# Ontbijtkoek, Dutch Breakfast Cake.

*Cake for breakfast – what's not to like?*

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*Of course you can enjoy this simple but delicious Dutch breakfast cake, or ontbijtkoek, at any time of the day. It's particularly good with a cup of coffee in the afternoon.*



## Ingredients

Ryemeal Flour	225g
White Cake Flour	190g
Brown Sugar	160g
Baking Powder	1 ½ tablespoons
Salt	1 tablespoon
Speculaas Spice Mix	2 tablespoons
Milk	1 ½ cups
Molasses	1/3 cup
Dutch Pancake Syrup	3/4 cup

## Method

1. Pre-heat oven to 160 degrees Celsius.
2. Combine all dry ingredients together in a bowl.
3. Combine molasses, syrup, and milk and whisk to combine well.
4. Whisk the wet ingredients into the dry WITHOUT over-whisking (small lumps are okay).
5. Spray a loaf tin with cooking spray and cut a strip of baking paper long enough to overhang the tin on both sides: this is to be used as a sort of handle to lift it out of the tin when it is done.
6. Pour mixture into tin and bake for roughly 55 – 65 mins until internal temp is 88-93 degrees Celsius.
7. Can be cooled on a rack for a couple of hours before cutting or overnight wrapped in tin foil.

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Many thanks for this recipe to Jamie Henry, miller and baker at the De Molen Café in Foxton. For a really authentic cake you can buy all the ingredients at De Molen, including flour milled at the windmill. But Jamie says you can replace the speculaas spice mix with 3 tsp cinnamon, ¾ tsp cardamon, ¾ tsp ginger, ¾ tsp ground coriander, and ½ tsp ground cloves.

The Dutch pancake syrup can be swapped with golden syrup or even warmed honey.

Jamie says it's very important to let the cake rest for a couple of hours before cutting, and it's best served warmed with butter.

Fun cake fact: according to the website The Dutch Table, ontbijtkoek is used in a children's birthday game called koekhappen, or cake-nipping:

This is where slices of ontbijtkoek are strung on a piece of wire or string and held above the heads of blindfolded children. Like birds in a nest they strain their little necks up, mouths open wide, in hope of catching a crumb. The joke for grownups of course is to lower the cake within reach and then yank it up, so that the kids bite into air instead of a sweet treat.'

Puāwai doesn't recommend you try this at home – just give the kids a piece of delicious ontbijtkoek.

# Puzzle Corner

## WORDFIND

U	S	I	S	N	S	H	A	S	S	O	I	I	U	I	O	I	O	S	P	H	I	G	N	F
M	H	E	C	I	A	P	H	I	S	S	C	P	N	M	P	C	T	E	H	C	M	O	H	N
P	L	L	C	E	H	O	A	C	E	S	C	N	O	U	D	H	O	V	L	I	G	N	A	P
N	U	S	O	Y	O	F	E	L	L	O	W	S	H	I	P	P	F	I	L	I	G	N	A	P
L	A	N	U	M	M	O	C	G	R	A	H	E	T	A	A	E	O	S	O	T	A	E	S	E
I	G	I	E	O	N	T	H	C	O	M	M	U	N	I	T	Y	L	U	L	I	F	S	I	R
N	N	P	A	U	E	L	Y	M	C	A	E	N	E	E	D	W	T	L	E	P	C	O	T	O
E	A	C	S	A	U	E	R	N	U	G	T	T	N	U	T	O	C	C	A	T	P	Y	E	P
N	T	S	P	I	R	I	T	E	E	M	E	R	I	A	P	O	E	N	E	O	S	C	A	Y
M	I	T	R	O	P	P	U	S	T	E	A	E	H	R	G	M	P	I	S	U	P	P	M	O
R	H	R	I	V	P	C	F	R	I	E	N	D	S	H	I	P	S	O	K	P	T	M	R	T
D	A	E	N	S	N	P	O	E	E	M	L	T	O	E	O	E	E	S	A	N	H	S	C	E
E	T	C	G	T	O	G	E	T	H	E	R	N	E	S	S	N	R	C	E	F	E	I	P	S
T	O	P	T	N	S	M	P	L	I	T	R	I	N	P	H	E	E	M	R	E	E	N	N	N
C	K	H	T	I	O	S	E	Y	Y	I	H	L	R	C	E	P	P	A	N	E	Y	A	T	P
E	P	O	C	R	R	N	I	T	T	C	I	U	M	I	S	O	E	R	R	S	E	C	T	O
N	D	E	E	P	I	O	T	I	I	L	F	F	S	Y	L	I	M	A	F	E	E	T	L	I
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C	V	B	M	K	I	Q	W	E	E	E	Y	E	Y	U	L	H	G	W	T	R	E	T	T	Y
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C	W	E	A	S	F	W	E	A	N	N	H	R	E	T	K	L	I	O	Y	R	E	X	B	W
E	R	R	Y	T	Z	X	V	B	I	O	U	A	N	A	H	W	P	I	O	R	E	S	W	A
C	V	B	E	D	S	U	O	I	R	R	T	A	W	E	R	Y	T	W	E	W	W	W	A	C
O	C	O	M	P	A	N	I	O	N	Z	E	A	W	E	A	X	C	B	F	D	M	W	E	A

Spring  
 Connected  
 Kotahitanga (Unity)  
 Support  
 Whanau (Family)

Development  
 Integrity  
 Communal  
 Family  
 Spirit

Respect  
 Team  
 Peace  
 Helpful  
 Friendships

Togetherness  
 Community  
 Fellowship  
 Companion  
 Inclusive

SUDOKU

1					8		3	9
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# Volunteer Horowhenua



WHATUNGA TŪAO  
**VOLUNTEER  
CENTRAL**

*A list of volunteer opportunities to get involved in our community.*

## **Children & Vulnerable Persons Protection Officer**

**Levin**

*Role #2178*

Ensure compliance with protection policies and handle related issues confidentially. Maintain secure records and demonstrate empathy, negotiation, and reliability.

✓ Dates/Hours: Minimal, as needed, unless abuse is suspected.

## **MAVtech Collection Specialists**

**Foxton**

*Role #2332*

Volunteers needed to catalog and conserve a vintage technology collection (cameras, radios). Experience in collecting or photographic retail preferred. Some lifting and stairs (assistance available).

✓ Dates/Hours: Various, mostly weekends.

## **Driving Mentor Volunteers**

**Levin**

*Role #2406*

Seeking mentors to help former refugees obtain their Restricted License. Commitment is 12 to 20 weeks, with training provided. Must be 21+, hold a full NZ Driver's License for 2+ years, and pass police vetting.

✓ Dates/Hours: 2-3 hours

## **MAVtech Collection Assistant**

**Foxton**

*Role #2333*

We need a volunteer for audio-visual conservation, ideal for museum studies students. Tasks include cataloging and identifying items needing care. Must be comfortable with stairs and lifting; support is available.

✓ Dates/Hours: This role typically requires 2-3 hours on weekends.

If you are interested in any of these roles, please contact Volunteer Central.

📞 (06) 354 6027 ✉ info@volunteercentral.nz 🌐 volunteercentral.nz/horowhenua

# Remembrance Day 2024

## 11 November

To mark the armistice that ended the First World War in 1918, Remembrance Day commemorations will be held in Levin and Foxton.

### Levin

**When:** 10:30am, Monday 11 November

**Where:** Cenotaph, Remembrance Park, corner Cambridge and Bath Streets, Levin

In the event of bad weather, this service will be moved to the Levin RSA (5 Devon Street, Levin).

### Foxton

**When:** 10:40am, Monday 11 November


**Where:** Cenotaph, Main Street, Foxton

In the event of bad weather, this service will be moved to the Foxton Memorial Hall (Main Street, Foxton).

Members of the public, organisations, groups and businesses who wish to be called up to lay a wreath during the commemorations are invited to register their names with Council's Events Coordinator, Grayson Skerman, on [graysons@horowhenua.govt.nz](mailto:graysons@horowhenua.govt.nz).

An announcement will be made on our Facebook page at 9.30am on Monday 11 November if either location is changed due to bad weather.

**Horowhenua**   
DISTRICT COUNCIL

 [horowhenua.govt.nz](http://horowhenua.govt.nz) @ [communications@horowhenua.govt.nz](mailto:communications@horowhenua.govt.nz)

 HorowhenuaDC  06 366 0999